



FIRST AID FOR SPORTS

This is to certify that

John Foster

has attended a first aid for sports course including how
to deal with an emergency, primary survey, recovery
position, CPR, bleeding, soft tissue and bone injuries and
common sports ailments

on

24th September 2022

(valid for three years from the date shown)

at

Wessex Karate Academy

JaLee First Aid Training Ltd

A handwritten signature in black ink, appearing to be 'J. Lee' or similar, written over a horizontal line.

(approved by a RQF awarding centre and the First Aid Industry Body (049/05 351) to carry out training and
assessment of candidates for First Aid at Work)